Epic Pigmentation Solutions
Developed by Zein Obagi, MD

ZO® Multi-Therapy HQ System
ZO® Non-HQ Hyperpigmentation System

ZO® Innovative Pigmentation Treatments for All Skin Types

Innovative Skin Health Science
Under the guidance of Dr. Zein Obagi, ZO Skin Health, Inc., has developed a wide spectrum of therapeutic treatments and daily skincare solutions that create and maintain healthy skin. Based on the latest scientific advances in skin therapy technologies, these products and protocols help physicians provide continuous skin health for all skin types, genders, and ages.

949.988.7524   www.zoskinhealth.com
Created by Zein Obagi, MD, ZO® Pigmentation Systems are the ultimate solution for treating a wide range of skin disorders using synergistic ZO® hydroquinone and ZO® non-hydroquinone treatments.

ZO® Multi-Therapy Hydroquinone System
First-Line Treatment

ZO® Non-Hydroquinone Hyperpigmentation System
Alternative Treatment

Skin Health Restoration, Conditioning, and Stabilization
With an emphasis on bleaching, stabilization, and blending, the ZO® HQ system is safer and more effective for all skin types.
- The ideal skin health restoration system
- Treats any hyperpigmentation condition including melasma
- Innovative approach to correct sun damage
- Everything needed to control treatments and optimize results

Pigmentation Stabilization, Maintenance, and Prevention
With an emphasis on stabilization and blending, the ZO® non-HQ system encompasses novel formulations and an effective protocol to control and stabilize melanocytes, preventing additional discoloration.
- An alternative when HQ is contraindicated, patients are allergic to HQ, or patients are non-responsive to HQ
- Avoids the risk of patients developing HQ resistance and side effects
- Helps maintain the results after HQ treatments

STABILIZATION
by Zein Obagi, MD
The New Benchmark for Pigmentation Treatments, Prevention and Maintenance
The process of stabilization helps improve and control skin cellular function, which enables skin to resist the negative effects of external and internal elements.
ZO® Medical solutions provide physicians a choice of hydroquinone and non-hydroquinone based regimens that treat a variety of skin conditions.

The ZO® Non-Hydroquinone System is used after completing the ZO® Multi-Therapy Hydroquinone System or when HQ resistance or side effects are present.

Breakthrough Advancements in Pigmentation Treatments by Zein Obagi, MD
Created by Zein Obagi, MD, ZO® Pigmentation Systems are the ultimate solution for treating a wide range of skin disorders using synergistic ZO® hydroquinone and ZO® non-hydroquinone treatments.

ZO® Medical solutions provide physicians a choice of hydroquinone and non-hydroquinone based regimens that treat a variety of skin conditions.

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Innovating the Science of Skin Health
Dr. Zein Obagi continues to redefine and advance the science of skin health restoration. Under his guidance, ZO Skin Health, Inc. is providing physicians with today’s most innovative skincare technologies, protocols and education programs.
**ZO® Multi-Therapy Hydroquinone System**

**Skin Health Restoration, Conditioning, and Stabilization Treatment**

The ZO® Multi-Therapy Hydroquinone System is a safer and more effective approach to treat a wide variety of pigmentation disorders using bleaching, stabilization, and blending.

**Skin Health Restoration**

Novel formulations and an effective protocol to improve skin health.

**Skin Conditioning**

Used before and after procedures to improve outcomes and extend results.

**Hypermelanin Treatment**

Effective for a wide range of skin types.

**Texture Improvement**

Treats dry, dull, and rough skin.

**Sun Damage Repair**

Exfoliation, DNA repair, antioxidants and protection to strengthen the skin.

Visible Results in 6 Weeks

Cleanses, corrects, exfoliates, stabilizes melanocytes, and protects all skin types.

**ZO® GSR® Medical System (Getting Skin Ready)**

This system is the essential first step to achieve successful results with all ZO® therapeutic treatments.

1. **Bleaching**
   - MELAMIN® Skin Bleaching & Correcting Crème, HQ USP, 4%
   - Skin Bleaching and Correcting Creme, HQ USP, 4%
   - Bleaches existing hyperpigmentation
   - Stops new melanin formation
   - Blocks free radicals

2. **Exfoliation Accelerator**
   - GLYCOGEN® Exfoliating Accelerator
   - Resurfaces the epidermis
   - Stimulates epidermal renewal
   - Anti-inflammatory and antioxidant benefits

3. **Epidermis Stabilization**
   - Ossential® Daily Power Defense
   - Repairs and restores skin barrier function
   - Helps protect and repair damaged DNA
   - Anti-inflammatory and antioxidant benefits

4. **Blending**
   - MELAMIX® Skin Lightener & Blending Creme, HQ USP, 4%
   - Skin Lightener & Blending Creme, HQ USP, 4%
   - Mixed with Tretinoin to normalize melanin distribution
   - No bleaching effect
   - Anti-inflammatory benefits
   - Tretinoin USP, 0.1% and 0.05%
   - Treats medical conditions (general skin repair)

**ZO® Multi-Therapy Hydroquinone System**

**New Hydroquinone Facts and Recommendations all Skin Health Professionals Should Know**

“Based on my years of experience with hydroquinone treatments, all skin health professionals should understand the following cautions, risks and recommendations.”

**Hydroquinone Treatment Cautions**

- **Hydroquinone must be used only under a physician’s supervision**
  - HQ is a valuable agent, but it carries risks that require a physician’s care.
  - Avoid concentrations greater than 4.0%
  - High concentrations of HQ can cause melanocytes to rebound causing an increase in melanin production.
  - Usage should never exceed 4 to 5 months
  - HQ is an inflammatory agent and can become an allergenic, increasing hyperpigmentation.
  - Sun protection is essential
  - HQ increases photosensitivity, which can accelerate UV damage.

**Pulsed-HQ Regimens – Increased Efficacy with Reduced Risks**

Consider sequencing HQ treatments with ZO® non-HQ therapy to increase efficacy while reducing the risks of HQ side effects.

- **Limit HQ therapy to 3 or 4 months**
- **Reduce HQ dosage before completing therapy**
- **Allow the skin to stabilize after HQ therapy**
- **Resume HQ treatments only if needed**
- **For patients not responding to HQ, use the ZO® Non-HQ System**

**Broad Spectrum Sun Protection**

- Maximum protection against UVA, UVB and HEV
- OCLIPSE-C® SPF 50
- Broad protection with a UVA/UVB sunscreen and HEV protection with natural melanin
Visible Clinical Results
Clarifies and evens skin color and tone.

Before Treatment
After Treatment

Normal to Dull Skin
Normal to Dry Skin

FOAMACLEANSE™
• Mild surfactants remove surface impurities
• Lipid replenishers combat skin dryness

NORMACLEANSE™
• Cleansing system
• Replenishes moisture balance

VITASCRUB™
• Mechanical stimulation without irritation
• Niacinamide for natural epidermal renewal

Offects® Exfoliating Polish
• Mechanical stimulation without irritation
• Antioxidant benefits

CEBATROL™
• Designed to reduce sebum
• Anti-acne medication and anti-inflammatory benefits

BALATONE™
• Calming, pH balancing and hydrating

GETTING SKIN READY

STEP 1.
Peel Solution
An exclusive blend of exfoliants: salicylic acid, trichloroacetic acid and lactic acid removes the outermost layers of skin.
• Acid cocktail with cofactor for self neutralization

STEP 2.
Retinol Crème 6% An effective collagen regulation agent that stimulates skin for maximum benefits.
• Potent Retinol for epidermal and dermal stimulation
• Anti-inflammatory and antioxidant benefits

STEP 3.
Calming Crème – Post Procedure Relief
Used after the peel solution and retinol creme.
• Advanced anti-inflammatory and anti-irritant properties
• Hydrates to restore moisture balance

Zo® 3-STEP PEEL™ – After Treatment

Supports Zo® Non-Hydroquinone Hyperpigmentation Treatments, for all skin types
• Exfoliating peel with dermal stimulation supports epidermal and dermal restoration

Zo® Non-Hydroquinone Hyperpigmentation System

1 Blending
Improves epidermis and targets the stages of skin discoloration

2 Epidermis Stabilization
Improves skin renewal and strengthening

3 Deep Renewal
Dermal activation and stimulation

4 Hydration & Calming
Stimulates the skin’s natural recovery process

BRIGHTENEX™ Skin Brightener & Correcting Crème
• Non HQ melanocyte activity stabilization
• Restores even distribution of melanin
• Anti-inflammatory and antioxidant benefits

Essential® Daily Power Defense
• Repairs and restores skin barrier function
• Helps protect and repair damaged DNA
• Anti-inflammatory and antioxidant benefits

REXAMAX™ Active Vitamin A Micro Emulsion
• Retinol micro-emulsion helps epidermal stabilization and dermal stimulation
• Improves texture with anti-aging benefits

RESTORACALM™ Soothing Recovery Crème
• Anti-inflammatory and anti-inflammatory benefits
• Helps restore epidermal and dermal hydration by hyaluronic acid up-regulation

Zo® 3-STEP PEEL™
A Truly Universal Peel
The Zo® 3-STEP Peel can replace any exfoliating peel for all skin types and ages. This highly innovative peel developed by Dr. Zein Obagi, is an in-office peel that provides unmatched control of epidermal and dermal stimulation.
• Provides texture improvement and anti-aging benefits
• Improves sun-damaged pigmentation
• Restores soft, smoother skin
• Minimal patient downtime

Use monthly or as needed to enhance Zo® Hyperpigmentation Treatments